

AIM

- To whakapakari (empower) tangata whai ora in reaching their personal whaainga (goals)
- To support whaanau build positive whakawhanaungatanga (relationships) and positive problem-solving skills.

ELIGIBILITY CRITERIA

- Living in Counties Manukau locality
- Age ranges from 25 years and over

HOW DO I REFER?

- General Referrals made by any health or Social Service Providers
- Self – referrals through our website are accepted.

OUR LOCATION

11a Vogler Drive, Wiri,
Manukau 2104

09 263 8040
0800 472 858

*“Ko Ka Awatea te huarahi ki te
oranga whaia
Ka Awatea hei huarahi ki te hou
ora”*

*“Ka Awatea is a pathway to
wellness, pursue the
new pathway and you will find
total wellness”*

KA AWATEA SERVICES

Alcohol and Other
Drugs Services

WHAT WE CAN PROVIDE WITH OUR VALUES

PONO ME TE TIKA , ME MATE MANGOPARE
HAAPAI TANGATA, AROHA ME TE MANAAKITANGA,

- **Screening/Assessment**

“Ko Ka Awatea te huarahi ki te oranga whaia Ka Awatea hei huarahi ki te hou ora” “Ka Awatea is a pathway to wellness, pursue the new pathway and you will find total wellness”

- **Information and Advice**

Offering information and resources for the treatment of Co-Existing Problems (CEP) issues for the addiction, e.g. recommended therapeutic guidance, harm reduction and relapse prevention tools.

- **Treatment Methods**

Visits in community
Face to face
Telephone / Written Correspondence
Online appointments

- **10 Week Group Programs**

To support our hapori and tangata whaiora in gaining a greater understanding of AOD, which will then translate into better decisions making in reducing or abstaining from AOD use.

- **1 on 1 Sessions**

Offering a kaupapa model / whānau ora approach in working together to support the overall well-being of our tāngata whaiora.

- **Follow Up and Support**

Encouraging participation in the development and practical application of skills where people are supported to set their own goals.

REFERRALS

Send referrals and queries to:
referrals@rauakura.com

*All information is treated as confidential